

From our Principal, Mr David Harriss

Welcome to our mid-term newsletter with so many good stories again coming from within our school community. I'm particularly proud of our staff and students involved in the state Bullying Prevention strategy recently released by the Minister of Education. Kristy from the Youth Affairs Council of South Australia, Ms Deb Daniel and a motivated group of students are developing student-led bullying prevention initiatives for our school to share with the rest of the state. The Department recently produced a video of our students at work, which you can see on our Facebook page or visit the Department for Education website. Later in the newsletter you can read the letter of appreciation sent to our school for our contribution to this state-wide strategy.

Also a big bouquet to your Governing Council who ran the Mile End Bunnings BBQ on Sunday 4th August. A great deal of planning, organisation and slaving over a hotplate led to \$1,700 being raised to contribute to the installation of filtered water taps with cold and hot water for beverages in the Breakfast area of the Optimism corridor. Special thanks to Samantha Corns, her assistant planner Brad Gould, and fellow Council members Elizabeth Hallam, Tammy Markou, Harry Fessas, Joe Blackburn and Mata Panagiotis. Special thanks also to Katie and Jessica Corns, Jemma Manfre, Georgia Zambito and Chelsea Kooistra, who were the student face of the day. Congratulations and well done to everyone involved.

Cyber bullying and "Sexting" present challenges to our children that we were not exposed to in our time as teenagers. SBS has a program showing currently called "The Hunting" which depicts the situations that some of our children, parents and teachers may find themselves in. I would encourage you to view this program and decide if it would be of some benefit for your child to watch. The short series is part-way through, so you may need to go to "catch-up" TV for SBS if you have that facility, or visit <https://www.sbs.com.au/learn/the-hunting>. We are entering a very important part of the school year, where students in partnership with their parents and teachers, plan their pathways and choose their subjects for 2020. If you are a parent of a Year 9, 10 or 11 student, you should have received a letter recently informing you of an appointment time to confirm your child's subject selections. It is important that you are a part of the process of designing a study pattern for your child that is aimed at success and progress.

Term 3 is always a challenging one, particularly for our Year 12 students. It is important that we provide as much support and encouragement to them as we can. It is pleasing to see so many Year 12 students taking advantage of the many learning supports in place at school. This term is one where the majority of their major projects and tasks need to be pulled together for final marking and exam preparation completed. I will take this opportunity to wish them all the best, and impress on them the importance of continually moving forward.

I am confident in our next Newsletter I will be able to bring you more news about our \$20 million development, which is planned for completion by the end of 2021 in time for us to welcome Year 7s into our community. I am excited by both prospects!



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Calendar Dates

Term 3

Week 6

Friday 30th August

- School Closure Day

Week 7

Monday 2nd September

- Pupil Free Day

Week 8

Tuesday 10th September

- Principal Tour
- Governing Council

Week 9

Monday - Friday

- PAT Testing

Week 10

Friday 27th September

- Newsletter
- Last day of Term finish 2:15pm

Term 4

Week 1

Monday 14th October

- First day Term 4

Thursday 17th October

- Year 8 Immunisations

Student Action Team—Bullying Prevention

Student Action Team - Stage 1 Integrated Learning

Our class have been recently collating and investigating the student, staff & parent Bullying No Way UHS survey results with the support from Kristy (YACSA). Information so far includes:

- There are many safe areas and a couple of areas to readdress
- Further awareness around “Bullying” what it is/ isn’t, the types and the effects on those affected, instigated or bystander. Results included an overwhelming response that many young people had not experienced bullying, which compliments other survey results indicating we are below state average in bullying incidents.
- What we can do further as students, staff, parents, school procedures & consequences and understanding peoples’ perspectives.
- Support seeking

We are about to develop our Action Plans & Teams to initiate and drive these strategies further. We are very committed to Underdale High School continuing to be a great and safe school.

We will continue to keep our school community updated on our progress.

Deb Daniel



Welcome to our Pastoral Care Worker Arefa Hassani

At Underdale High, Arefa Hassani is our new Pastoral Care Worker. Arefa has a Bachelor of Psychological Science and extensive experience working with a range of disadvantaged youth. She has lived experience across various cultures and is fluent in multiple languages (Urdu, Hindi and Persian).

She brings to the Underdale community her awareness of the human need for understanding, connection, compassion and empathy. She seeks to look out for the social and emotional wellbeing of our students and can link students and caregivers to external services where appropriate and necessary so that our students can be supported through their schooling journey as much as possible.

Arefa is at Underdale High School on Tuesdays. She runs a games and socialising club during recess and lunch and participates in breakfast club. If you wish to speak with Arefa, she is available through the front office.



Student Voice Council's 2nd Hand Uniform Sales

Opening hours Tuesday lunchtimes 1:10 – 1:20– in Optimism Corridor.

Cash only sales with many items \$5 each.

Supplies are diminishing quickly and uniform

Donations are greatly appreciated

For further queries please contact Deb Daniel

P: 8301 8038 E: debbie.daniel152@schools.sa.edu.au

Money raised goes towards Underdale High School Student Facilities & Resources.



Material & Services 2019

Reminder that school fees are now OVERDUE, payment can be made via our website online or please contact the finance officer.

Student Voice

This term we are planning 2 non uniform days.

- Thursday wk 6 29th August – gold coin donation without a theme and fundraising for our Student Facilities (eg towards basketball rings)
- Thursday wk 9 19th September — Happy day – fundraising towards “ Kick Start for Kids” they provide us with weekly supplies for our breakfast club which we are extremely grateful for. “ Theme is around being happy” eg yellow, bright clothes.

We continue to seek feedback from our student body and changes in our school procedures and practices are being made with our input.

UPDATING EMAILS / ADDRESS / MOBILE PHONE

For any changes of details can you please email Liz.Manno532@schools.sa.edu.au or contact the front office 8301 8000.

Breakfast Club 7.50-8.30

Tuesday, Wednesday & Thursday

We are continuing to run the breakfast program this year from 7.50 – 8.30am in Optimism Room 12B, 3 days a week Tuesday – Thursday.

A number of staff have generously volunteered to support this program including Arefa (Pastoral Care Worker) and Wellbeing Staff (Rod del Nido & Deb Daniel). We also have emergency sandwiches and fruit available each day in Support Services.

Kick Start for Kids provides this food weekly. It is a not for profit organisation that is only able to continue with generous donations from companies & individuals. <http://www.kickstartforkids.com.au/>

For further information about the Underdale HS Breakfast Club – Contact Deb Daniel and Rod del Nido: Wellbeing Staff



Student Exemptions from attending school

Forms must be picked up TWO WEEKS before leave starts. Parents or guardians wanting to take their child out of school temporarily or permanently must apply for an exemption through their school. Students must attend school regularly until the exemption has been approved by the principals. Students can obtain exemption forms from the front office.

SCHOOL SPORTS

Knockout Sport Progress Report

Year 8/9 boys soccer – So far in term 3 have defeated local rival Nazareth 3-1 in a fiery clash and Mercedes 3-1 in the quarter final to progress to the finals on Thursday 12th September.

Year 8/9 girls soccer – After Woodville forfeited the round 1 match, Underdale came up against Salisbury East and Parafield Gardens in the quarter final. Two big wins ensured Underdale progress to the finals on Wednesday 11th September.

Year 10 boys soccer – In a tight opening round contest, two 1-0 wins against St Michael's and Glenunga meant Underdale's year 10 team progressed to the quarter finals where they will be playing Roma Mitchell & Adelaide in week 7 for a spot in the state finals.

Open boys soccer – Underdale's open boys defeated Brighton 7-1 in week 3 and will play Cabra in week 6 for a spot in the semi finals.

Open girls soccer – Defeated local rivals Henley and St Michael's in week 2 and will travel to Bordertown to play Tenison Woods in the quarter final on Wednesday 21st August.

Year 8/9 boys basketball - Are hosting Roma Mitchell and Hamilton in their first round on Thursday week 6.

Open boys basketball - For the first time in a long time, progressed from the first round of their competition only to fall short in the quarter final against Cedar - A great effort from Mr Daddow and his team!

Year 8/9 girls netball - Put in a competitive effort in their first round against Ocena View, Adelaide Botanic and Mt Carmel but unfortunately were knocked out.

Year 10 girls netball - Played their first round in week 2 against Mary Mackillop and Thomas More but were eliminated after 2 losses.

This is the first time that we can remember where all 5 of our soccer teams have made it to the quarter finals so it will be a big few weeks coming up for the football academy as our coaches and players aim to bring the titles where they belong, to Underdale!

Open Futsal – In week 10 of term 2, Underdale's open boys and girls futsal teams competed in the state finals at Marden. While our girls team were unable to qualify for the semi-finals in a tough group stage, Mr del Nido's boys team finished on top of their group and qualified for the final where they defeated Gleeson on penalties after a tense 4-4 draw to be crowned state champions! Our year 8/9 futsal teams will compete in their qualifying round in week 7.

Open 5-a-side Soccer – Underdale's open boys and girls teams continued their dominance of the western zone qualifying round to qualify for the state finals in week 9.



RE Letters from AIR Children's Overdue Vaccinations

The Australian Immunisation Register, Department of Human Services have begun sending additional overdue reminders letters in line with updates to the National Immunisation Program (NIP) schedule.

Scheduled reminder	Age by Months							
Reminder letter due	7mths	10mths	13mths	15mths	19mths	21mths	49mths	51mths

Letters sent to adolescents will indicate if an individual is overdue for any vaccine on the standard NIP schedule, not just those vaccines on the adolescent schedule.

Scheduled reminder	Age by Years		
Reminder letter due	14.5 yrs	17yrs	18yrs

For further information <https://www.humanservices.gov.au/individuals/services/medicare/australian-immunisation-register>

RE Meningococcal Vaccination

Meningococcal ACWY

Since 1 April 2019, the Meningococcal ACWY vaccine has been added to the National Immunisation Program as a funded vaccine to students in Year 10 aged 14-16 years through a school-based vaccination program. **Adolescents 15–19 years of age who have not received the vaccine at school can receive it from their GP or other immunisation provider through an ongoing catch-up program.**

Meningococcal B Vaccination

Students in Years 10 and 11 will be offered vaccination during 2019 through the School Immunisation Program, with an ongoing school program to offer vaccination to Year 10 students. **The Year 11 catch-up program will end 31 December 2019.**

A catch-up program will be available for those aged 17 to less than 21 years of age (at the commencement of the program – 1st February 2019). Vaccines can be accessed from most immunisation providers. **This catch-up program will end 31 December 2019.**

For further information:

Email: nurse@haims.com.au

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/resources/frequently+asked+questions+for+parents+meningococcal+b+program>

Health & Immunisation



Management Services

SCHOOL SPORTS Continued

Western Zone Sport Update

After School Sport – In term 3, Underdale will be fielding a junior boys 5-a-side soccer and junior boys basketball team in the Western Zone after school sport competition. All games are played on Wednesday afternoons.

Senior Badminton Carnival – On Tuesday 20th August, Mr Hilditch's year 11 PE class, as well as a few boys from our year 10 badminton team from term 2, competed in the Western Zone senior badminton carnival at the Adelaide Badminton Centre. In the boys division 1, Sav Scriva and Stan Velinov were Underdale's best team, in boys division 2 it was Rishab Gupta and Rajeev Singh who lead the way while for the girls Chloe Sciancalepore, Tianna McCarthy and Jemma Manfre were Underdale's best – with all 3 teams finishing runners up against a dominant Woodville opponent.

Upcoming Sport - Later this term our year 8/9 badminton players will compete in a carnival on Friday 13th September. On Monday 16th September our year 8/9 netball academy students will participate in a western zone carnival.



SCHOOL SPORTS Continued ...

Year 10 Knockout Netball

On Wednesday 7th of August twelve girls travelled to Mary Mackillop College to take on the home team and then Thomas Moore College in a three way Netball Carnival. Unfortunately, we lost both games fairly convincingly. However, I was very proud of the girls as they fought on bravely, showing great persistence and a very positive attitude. Many of the girls were asked to play a variety of positions as we tried to find a winning formula. Alice Sua started in the Centre but was also required to play Goal Defence as we tried to stop the scoring. As well as being a very skilful player Alice is a great leader and motivator for her team mates. Mariam Noella was ever reliable in defence, playing all eight quarters without a break. I didn't want to take her off as I knew she was stopping many goals from being scored. Lalise Obsa is usually Goal Shooter but under the circumstances, she had to play up the court and her quick passing and good ball handling skills were a highlight. Mikayla Federici never stopped trying and never stopped smiling until she got tripped and injured her knee. Vinodini Mahato played very well as the Centre but then came off with a sore back. Tiana Stubberfield worked hard as a Wing Attack. Jasmine Reusch usually plays in defence but also had some time as Goal Shooter where she impressed us all by hitting a number of long bombs to get our score ticking over. Tijana Jaksic was awesome and possibly our best player for the carnival. Tijana played Goal Attack, Wing Defence and in the Centre. In all three positions she was an effective team player. Hayley Corns was very effective as a forward shooting several goals. She also played some time in defence doing a great job using her height and skills. Yesha Mana came on and gave us some much-needed speed and energy as a Wing Attack and Phoebe Field did a great job as our umpire. Overall it was a great day out. The girls played really well, tried their hardest and their sportsmanship and behaviour was exemplary.

Mr Carter



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ASC 3-DAY CAMPS

Basketball
 1, 2 & 3 October
 SA Basketball Camp, Glen Osmond

AFL Football
 1, 2 & 3 October
 SA AFL Football Camp, Glen Osmond

Netball
 1, 2 & 3 October
 SA Netball Camp, Glen Osmond

Soccer
 1, 2 & 3 October
 SA Soccer Camp, Glen Osmond

ASC PARTNER PROGRAMS

ASC have teamed up with some amazing and reputable partner companies to offer a wider variety of sports in your area! Duration and pricing for these programs differ depending on the program, please visit our website for all the details and choices!

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 SA Horse Riding Program, Kirby Park #1
 TBA
 SA Horse Riding Program, Kirby Park #2

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Volunteers Wanted!



RMHC
 South Australia

RMHC SA is on the hunt for Volunteer's to help support our House and families.

There are a number of volunteer roles available including Helping Hands, McCabs, Dinner Club, Night Owls and More!

Roles are available from Monday - Sunday.

If you are interested in becoming a RMHC SA Volunteer, Please Contact:

Sue Harvey
 Family & Volunteer Coordinator
sue.harvey@rmhc.org.au






CHEERIO
 NETBALL CLUB

SUMMER SEASON TRIALS

All players welcome!

TUESDAY 17 AND 24 SEPTEMBER 2019

Intermediates and Juniors (ages 8-17) 6.00pm - 7.30pm
Seniors (ages 18 and above) 7.30pm - 9.00pm

Priceline Stadium, Mile End

◆◆◆◆◆◆◆◆◆◆

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For any queries - Ph: 0419 810 656, Email: secretary@cheerionetball.com

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SCHOOL HOLIDAYS - BASIC UMPIRES COURSE

OCT 2
OCT 11

STURT FOOTBALL CLUB

WEST ADELAIDE FOOTBALL CLUB

sanfl.com.au/umpire
andrew.crosby@sanfl.com.au

9:30am-12:30pm

FREE



Mr David Harriss
Underdale High School
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UNDERDALE SA 5032

Engagement & Wellbeing
EARLY YEARS AND CHILD
DEVELOPMENT DIVISION

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Adelaide SA 5000

GPO Box 1152
Adelaide SA 5001
DX 541

Tel: 8226 5652

www.education.sa.gov.au

Dear David,

Please accept our sincerest thanks and our warmest appreciation for the work that Underdale High School has done to support the South Australian Government's bullying prevention strategy.

Connected – a community approach to bullying prevention within the school gates and beyond is unique in both its approach and its scope. The strategy is premised on the importance of leadership, inclusion, empowerment, collaboration and support in keeping children and young people safe from bullying.

Underdale High School was selected to lead the student engagement initiatives because you exemplify these elements, both at a staff level (most notably through you and Debbie Daniels), and at a student level (through the Integrated Learning class).

We are so pleased that the launch of the Strategy has provided the opportunity to showcase the proactive work that Underdale High School is doing to prevent bullying and empower students. We also wanted to let you know that the work by Underdale High School was included in national reporting to the Education Council of all state, territory and federal Education Ministers as a model of best practice.

Underdale High School's work in this area embodies your values of resilience, optimism, knowledge and courage. You have every reason to be extraordinarily proud of Underdale High School's contributions to this work.

Yours sincerely

Harry Manatakis
A/Director
Engagement and Wellbeing
Department for Education

Trinh Mai
Assistant Director
Engagement and Wellbeing
Department for Education



Care
Create
Innovate

Resilience
Optimism
Courage
Knowledge