

From our Principal, Mr David Harriss

It is great to talk to you again as we slide slowly into the winter temperatures and rainfall patterns. Glad we got some rain at last, particularly for our farmers. Just a reminder with the change in the weather that students can wear non-uniform jackets to school to protect them from the wind and rain, but they must be removed and put in their lockers upon arrival, and not retrieved until they leave at the end of the day.

Speaking of rainfall, how fortunate were we on our re-scheduled Sports Day! Not one drop. Special thanks to Mr Carter, Dimi and their whole team whose high level of organisation allowed the day to progress very smoothly and actually finish early. I would like to encourage more parents to attend this wonderful day next year, even if it is just for the relays and presentations at the end of the day. I would have to say that the day was, once again, a pleasure to be involved in and a great success.

Participation rates were high and that Underdale spirit was evident throughout the whole day. When the team or novelty events were on, the stands were empty and the playing arena full, and the noise erupting from the stands during the relays was deafening. Point tallies announced throughout the day showed that participation has a big impact, and at the end of the day, results in the Tug-of-War and Relays can really have an impact on the outcome. One of the closest points tallies in my memory.

The results ... please read further on in the newsletter and look out for posts on Facebook and Instagram!

We have just completed our mid-term "traffic light" process, where all teachers assess the progress of each of their students. We use this data to identify which students we need to work more closely with to help them to their potential, with some help from you. This brings me to what I want to talk to you about today, the importance of a positive mindset. It is because each one of us (including our children) is responsible for the choices we make, and who we are or become. As Ralph Emerson said, "The only person you are destined to become is the person you decide to be."

Learning occurs because of the intrinsic motivation and personal attitude of the child, for which they are responsible. Through repeated practice of thoughts and actions, the brain re-wires itself to support those thoughts and actions. It is imperative that we all provide an encouraging and inspirational environment for our students to choose positive thoughts and actions and deliberately choose constructive pathways.

The more a student consciously makes these positive choices, the more the brain adapts, and more ready they are to learn. This does not mean they will not face negativity, but are more able to accept it for what it is, identify what they can do about it, and develop affirmations to respond to it. As a school community, we have seen many examples of this with our students. Together, let us continue to have a positive impact on our students' self-determined learning choices. We can help them have the Resilience and Optimism to overcome setbacks and negativity and the Courage to make positive choices to develop their Knowledge.



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Calendar Dates

Term 2

Week 6

Friday 7th June

- Year 10/11 Vaccinations

Week 7

Monday 10th June

- Public Holiday

Week 8

Tuesday 18th June

- Governing Council Meeting

Week 9

Monday/Tuesday 24th, 25th June

- Year 11 Aquatics

Wednesday - Friday 26th, 27th, 28th June

- Year 12 Aquatics

Week 10

Friday 5th July

- Last day of school

Term 3

Week 1

Monday 22nd July

- First day of term

PE NEWS - School Sport Update

WZ Handball carnival 2019

Team Underdale were out in force for their annual trip to the Western Zone Handball Carnival in Week 11, Term 1. For the first time, it was held at the brand new St.Clair Rec Centre, which heightened the intensity and enthusiasm for all involved. UHS were represented by a Junior Boys, Open Girls, and two Open Boys outfits, with all 4 teams reaching their respective Grand Finals!

The Junior Boys cruised through the qualifying rounds through the

guidance of Daniel Manka, Mohammad Mohtashami and Jack Bates-Brownsword, but fell short in a penalty shootout against Findon High.

Our Open Girls battled against both Girls and Junior Boy teams in the preliminary rounds, testing both their physical skills and mental aptitude. Their Grand Final was a feisty encounter with Le Fevre High, with both teams unable to score in the first half. The second stanza saw our seniors rise to the occasion to secure a 5-1 victory. Reyzyl Alcantara,

Eleni "it's not netball" Neocleous and Kate Morris dominated play, strongly supported by Alice Sua, Elle Scott and the near impenetrable Erin Murphy.

The Open Boys competition was a tightly contested affair with both our senior teams defeating Le Fevre and Findon to meet in the final. Pride was on the line with plenty of friendly banter building in the weeks leading up to the tournament but it was the Year 12 PE unit who proved too strong, maintaining their structure to win the championship.



BREAKFAST CLUB



Breakfast Club 7.50-8.30

Tuesday, Wednesday & Thursday

We are continuing to run the breakfast program this year from 7.50 – 8.30am in Optimism Room 12B, 3 days a week Tuesday – Thursday. A number of staff have generously volunteered to support this program including Arefa (Pastoral Care Worker) and Wellbeing Staff (Rod del Nido & Deb Daniel). We also have emergency sandwiches and fruit available each day in Support Services.

Kick Start for Kids provides this food weekly. It is a not for profit organisation that is only able to continue with generous donations from companies & individuals. <http://www.kickstartforkids.com.au/>

For further information about the Underdale HS Breakfast Club – Contact Deb Daniel and Rod del Nido: Wellbeing Staff

UPDATING EMAILS/ ADDRESSES/MOBILE PHONE NUMBERS

For any change of details can you please email Liz. Manno532@schools.sa.edu.au or contact the front office 8301 8000

STUDENT VOICE COUNCIL'S

2nd Hand Uniform Sales

Opening hours Tuesday lunchtimes 1:10 – 1:20– in Optimism Corridor.

Cash only sales with many items \$5 each.

Supplies are diminishing quickly and uniform donations are greatly appreciated.

For further queries please contact Deb Daniel

P: 8301 8038

E: debbie.daniel152@schools.sa.edu.au

Money raised goes towards Underdale High School Student Facilities & Resources. Our latest purchases were 3 new Microwaves located in the Optimism Corridor for student use during breaks.

MATERIAL & SERVICES 2019

Reminder that school fees are now OVERDUE, payment can be paid via website online or please contact finance officer.

STUDENT EXEMPTIONS FROM ATTENDING SCHOOL

Forms must be picked up two weeks before leave starts. Parents or guardians wanting to take their child out of school temporarily or permanently must apply for an exemption through their school. Students must attend school regularly until the exemption has been approved. Students can obtain exemptions forms from the front office.

FUNDRAISING BUNNINGS BBQ

Underdale High School will be running the Bunnings Mile End BBQ on Sunday 4 August 2019. Donations of tomato sauce, BBQ sauce, mustard, gloves, cooking oil and napkins are most welcome and can be dropped off at the front office to be used on the day. If any parents or students are available on the day to help out, please also give your name to Sandra in Front Office.



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Optimism
Courage
Knowledge

YEAR 8 HALLETT COVE EXCURSION

On the 14th of May, all year 8 students went down to Hallett Cove as part of the year 8 cross curricular project.

Students had a perfect and beautiful day to observe the environment and engage with their Geology, Geography, Mathematics and English via real world activities by pleasantly swapping the usual classroom for an outdoor one.

Students reviewed geological

processes and evidence e.g. the Permian glaciation 270 million years ago, that created the unique landscape that is Hallett Cove. Students engaged in a range of activities on the day including listening, sketching and geological observations which enhanced their understanding of concepts, and will lead to some inspirational article writing back in the English classroom.

Students need to be congratulated on their personal conduct, co-operation and respect to public citizens and facilities on the day. Thank you

also to the staff who attended the excursion and supported our students in this amazing real world experience.

Mr. Gavini



HOUSE COMPETITION UPDATE

The inaugural Underdale High School House Competition, known as the ROCK Cup starting rolling into motion at the end of term 1 with several events from the end of term 1 and the start of term 2 so far being included into the current running total scores. This has included Sports Day, Year 8 Maths Quiz, Underdale World Sprint, CO2 drag racing in Mr Daddow's year 9 tech studies class and a year 8/9 football tournament. As well as this, students have earned points for positive behaviour at

school by displaying our school values as well as for being involved with community service. Students will also be awarded points for excellent academic achievements and attendance at school.

Some things planned for term 2 and 3 so far where students can earn house points include participating in the Premier's Reading & Be Active Challenges, a second CO2 drag racing competition, badminton club house competition, Oliphant Science Awards, and the Girls Science program. More things will be added so students are encouraged to keep an eye

on Daymap notices and notice boards around the school to see how they can get involved with earning points for their house!

We are in the process of determining a formula with our scoring system to ensure points are allocated fairly for each competition, to ensure there is a balance between the significance of each aspect where points are allocated to our houses. Stay tuned for score updates in the near future!



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"Make smart and responsible choices. Understand that it's not only you who is impacted by risky choices" (Year 11)

"Injury can be prevented by not taking risks" (Year 10)



"Good choices can change your life" (Year 11)

"One of the best and informative programs I have ever been to" (Year 11)



"The staff are amazing. They made me understand the consequences that could happen if a bad decision was made" (Year 11)

P.A.R.T.Y. PROGRAM - NEW ROYAL ADELAIDE HOSPITAL EXCURSION

Stage 1 Health and Year 10 Child Studies students were invited to the New Royal Adelaide Hospital to participate in the P.A.R.T.Y. (Prevent Alcohol and Risk-Related Trauma in Youth) program. This program is in place to raise awareness for young people about the risks of alcohol, drugs and risk taking.

Throughout the day, we went through a mock scenario of a young person who had been in a serious accident and suffered significant injuries due to drink driving and drug taking. The day involved going to the Emergency Department (ED), Intensive Care Unit (ICU), physiotherapy, speech therapy and significant burns unit as we followed the victim through their recovery after a serious accident. At the end of the day there was a visit from

a serious accident survivor.

Throughout this day we learnt that even if someone was to survive, we had to ask ourselves "what is survival/quality of life?"

There were two significant take home messages from the program including; one risk can not only change your life forever but it can change a number of other lives as well. Also, that your parents would rather you call them instead



"Be way more responsible, cautious and always stay safe. Enjoy life and make decisions you won't regret" (Year 11)

"Don't make any decisions under the influence of drugs & alcohol (driving, walking home alone)" (Year 11)



"It was very informative, and extremely thankful to have the opportunity to come back to this program again. I've been here last year and it was a very enjoyable day" (Year 11)

"This program will make the young Australians to avoid danger in the future" (Year 11)

Design & Technology

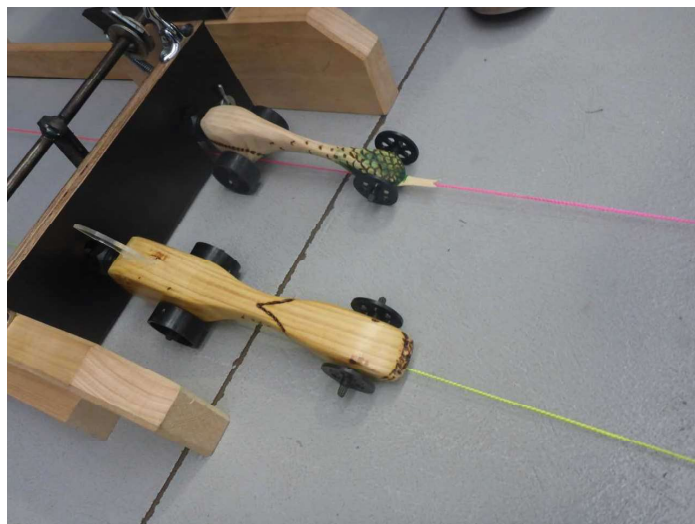
In year 9 Design and Technology we run a program where students learn to design and build a car made from a piece of pine that is propelled across the room from a Co2 canister. Students have been learning about the importance of mass, aerodynamics and friction as they went about designing their car. Once all cars were created and decorated we had a class race to determine who had the quickest car. While completing the race students were awarded house points for not only coming first second and third but also for helping run the race day event.

The class was also ably run by Ms McIntyre a pre-service teacher who Underdale High School are supporting while she is completing her masters in teaching, well done.

Congratulations to Amir Al Faily 1st

Emily Thomas 2nd

Jarryn Greer 3rd



VIETNAMESE AGENT'S VISIT

On Wednesday March 27th, Principal David Harriss welcomed a group of Vietnamese Agents and Matthew Rawes from International Education Services to Underdale for a school tour. He and International Student Coordinator Heather Moyes led the tour and enlightened the guests about what Underdale has to offer. The feedback from the group was extremely positive. Year 12 student Ny Huynh gave a short speech in Vietnamese and English. This was much appreciated by the agents and especially by Ny's own agent, who was there to witness her success.



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2019 Schools Auction Championship

This program teaches students about real estate via the "Art of Auction" and raises the profile of the real estate industry within the broader community. Year 12 student Daniel Srih, under the mentorship of Vincent Doran, Harcourts Plus & Underdale High School 2018 Graduate – participated for the 2nd

year in this program. After a strong performance in the heats, Daniel was one of seven students from South Australia to reach the Grand Final.

Daniel was required to "Auction" a property, showing skills such as public speaking, professional presentation, legal knowledge, negotiation skills and the ability to think on his feet.

Congratulations to Daniel on a great auction and thanks to Vincent for being a fantastic mentor.



Daniel with Lindsay Warner, Creator of the Schools Auction Program



Daniel and his mentor, Vincent Doran



Daniel in action, auctioning the Grand Final Property

RECONCILIATION WEEK

What's been happening?



Well we are half way through our first semester, NAPLAN is over and our Aboriginal students are putting their best efforts into their studies.

There has been a 100% attendance award and improved results in English and Numeracy, for one of our students. We wish all our students the best with their subjects as they continue through first semester. Deb Daniel (AET & Wellbeing Coordinator), students and myself attended a Fringe event called Spirit: Theatrically weaving together story, song, dance, fire, language and image from this country. Breathing life into some of our most ancient stories, teaching us to look, learn and listen, the importance of truth-telling and the value of respect. As well as participating in a beading workshop with "Aunty Steph "(The Jewel of Adelaide). An emotional experience and worth looking out for them.

This week from the 27/5/2019 - 3/6/2019 will be Reconciliation Week. What is Reconciliation? Reconciliation is about strengthening relationships between Aboriginal and Torres Strait Islanders people and non indigenous people for the benefit of all Australians.

Our theme for 2019 is Grounded in Truth, Walk Together with Courage. The Tree of Truth is what happens when the seeds of empathy, solidarity and love are sown. This is a representation of the community that we can grow into, if we are able to acknowledge our history, learn from it and move forward together courageously.

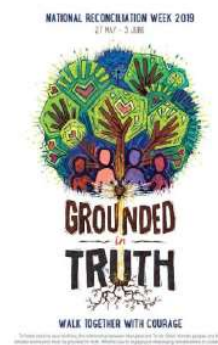
All Underdale students will be learning about the historical facts of Reconciliation. Teachers will give opportunities for students to discuss Reconciliation and what they can do, what we can do and what our community can do, to support Reconciliation into the future.

We are also privileged to be showcasing from the South Australian Museum, for Reconciliation Week, Aboriginal artefacts. They will be displayed in a glass cabinet in our Resource Centre for two weeks. It is a fantastic opportunity for our students, teachers , staff and families to be able to view such sacred items and learn about how our Aboriginal ancestors lived, and the amazing implements and tools they engineered and designed, to survive the harsh elements, that they lived in thousands of years ago.

Also to celebrate Reconciliation Week we will be attending the annual Taoundi College celebrations and it is always packed with culture, family, education and food!

Debbie Scholfield

(Aboriginal Secondary Engagement and Transition Officer)



SCHOOL SPORT UPDATE

Term 2 promises to be busy for Underdale with a range of zone and knockout sport happening over the next few weeks.

KNOCKOUT SPORT

Underdale's knockout sport season has started with both our open futsal teams playing in the local qualifying round for the state finals on Friday 17th May. Both teams finished in the top 2 of their qualifying round and have progressed to the state finals in week 10. After the year 8/9 5-a-side football carnival/qualifying for state finals was cancelled due to inclement weather, based on Underdale's dominance in the past few years, School Sport SA have advanced both our boys and girls teams to the state finals in week 8. The following is a schedule of upcoming round 1 knockout sport games.

Monday 3rd June – Year 8/9 Netball @ St Clair

Wednesday 5th June – Open Girls Football @ Brighton

Wednesday 5th June – Open

Boys Basketball @ St Clair

Thursday 6th June – Year 8/9 Boys Football @ Woodville

Wednesday 12th June – Open Boys Football @ Unley

Thursday 20th June – Year 8/9 Boys & Girls 5-a-Side Football Finals @ West Beach

Tuesday 2nd July – Year 8/9 Girls Football @ Home

Wednesday 3rd July – Open Girls Futsal Finals @ Marden

Thursday 4th July – Open Boys Futsal Finals @ Marden

Year 10 Boys Football & Year 10 Girls Netball – Bye into second round, to be played early term 3.

WESTERN ZONE SPORT

There are several zone carnivals on in the second half of term 2 for our students to get involved with. Nominations have gone out to home groups but if students would like to be involved with the following and have missed nominations, they may come to the PE office to sign up:

Year 8-10 Girls 9-a-Side Aussie Rules – Thursday 13th June @ Ocean View

Year 8/9 Boys & Girls Tag Rugby – Tuesday 18th June @ Woodville

Year 8/9 Boys & Girls Basketball – Friday 28th June @ St Clair

On top of this, we have entered teams into the Western Zone after school sport program, which is played on Wednesday afternoons during term 2. This term we have the following teams playing:

Year 8/9 Boys Football

Year 8-10 Girls Netball

Senior & Junior Badminton

AQUATICS

A reminder that our year 11 and year 12 HPE classes will be involved in Aquatics in week 9 this term, as part of their SACE assessment.

Year 11 Aquatics – Monday 24th & Tuesday 25th June

Year 12 Aquatics – Wednesday 26th – Friday 28th June



SPORTS DAY

On Monday 27th May, Underdale High School's annual Sports Day was held at SA Athletics Stadium in Mile End. It was a cold and at times blustery day but this didn't stop the athletes of Underdale and staff from braving the conditions to compete in and officiate events. After a day of students taking to the track and field events, as well as a variety of novelty events, it was the relay races at the end of the day that got each house making plenty of noise as the final points for the day were on offer. It was a close finish after Resilience has a big lead halfway through the day. After ending a 13 year drought in 2017, it was Resilience who prevailed as champions for the second time in three years, defeating Optimism by just 35 points. Well done to all students who participated in their events and a special thank you to all staff who assisted with officiating events throughout the day.

RESULTS

Spirit Award:

RESILIENCE – 120 POINTS

OPTIMISM – 80 POINTS

COURAGE – 53 POINTS

Middle School Trophy:

RESILIENCE – 983 POINTS

OPTIMISM – 970 POINTS

COURAGE – 812 POINTS

Senior School Trophy:

OPTIMISM – 660 POINTS

RESILIENCE – 642 POINTS

COURAGE – 376 POINTS

Overall Championship:

RESILIENCE – 1745 POINTS

OPTIMISM – 1710 POINTS

COURAGE – 1241 POINTS

Year Level Champions

Congratulations to the following students who accumulated the most points in the year level in boys and girls competitions to win the Sports Day Champion Medals:

Year 8 – Sophie Herczeg & Roman Safi

Year 9 – Chelsea Robinson & Sotiri Hristakopoulos

Year 10 – Theodora Kasimidou & Mikeson Letona

Year 11 – Chloe Sciancalepore & Ramzy Hussein

Year 12 – Reyzy Alcantara & Achie Joseph

New Records

Aaliyah Falco – Year 10 Girls
200m – 30.76secs

Reyzy Alcantara – Year 12 Girls
Javelin – 21.65m

Cain Williams – Year 8 Boys
400m – 1min 3.93secs

Lea Jangam – Year 8 Girls Javelin
– 20.5m

Aldous Ergina – Year 9 Boys Shot
Put – 10.43m

Aldous Ergina – Year 9 Boys
Discus – 28m

Thank you to all house captains, team managers and our very enthusiastic house leaders on organising their houses on the day.

COURAGE

House Leader – Mr Savvas

Year 8 – Kayla Sulisty & Peter Panagiotidis

Year 9 – Kosta Balaban & Mariam Noella

Year 10 – Safa Kadir & Sini Panagiotidis

Year 11 – Priyansh Uppal & Isabella Sulisty

Year 12 – Ahmed Ilhan & Rica Hernandez

Team Manager – Zoe Parry

RESILIENCE

House Leader – Ms Virgo

Year 8 – Andrej Simic & Sophie Herczeg

Year 9 – Aldous Ergina & Mannat Khosa

Year 10 – Sam Gedocruz & Vinodini Mahato

Year 11 – Petar Maric & Erin Murphy

Year 12 – Kosta Theodoropoulos & Latifah Calonsag

Team Manager – Marie Gatis

OPTIMISM

House Leader – Mr Hilditch

Year 8- Katie Corns & Jessica Corns

Year 9- Mohadeseh Morad Ali & Sotiri Hristakopoulos

Year 10- Yesha Mana & Abulfazl Morad Ali

Year 11- Diya Bueno & Sav Scriva

Year 12- Reyzy Alcantara & Achie Joseph

Team Manager- Phoebe Field

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